

Social Discipline Window Activity

Break into four groups, but do not tell participants why. Give each group directions to draw a garden with the supplies given as outlined below:

- TO: a piece of newsprint and 2-3 markers
- WITH: newsprint and all the supplies they need
- NOT: newsprint, a white pencil, and a broken pencil
- FOR: newsprint and all the supplies they need

Go around and interact with the groups for about 10 minutes.

- TO: Be punitive. Tell them exactly what to do, and when they do it wrong, get angry and make them redo it.
- WITH: Be restorative. Check in on them. Make sure they are following along.
- NOT: IGNORE THEM
- FOR: Do it for them. Tell them they can't handle it and you don't want to stress them out.

After 10 minutes, start a go-around with the following questions:

- What did you experience in your group? What happened?
- Hand out the SDW or draw it. Go around what box you naturally fall into and give examples.
- Can anyone relate to each other?
- How do you think it feels for the kids if we are operating out of different boxes? For example, if a science teacher is FOR, a math teacher is TO, etc.

- o Discuss the importance of consistency and being purposeful and intentional about our practice.
- Final go-around: The expectation is that our staff will operate in the WITH box every day on purpose. (*That is the high control.*) What do you need to ensure that this happens? (*That is the high support.*)
 - What are things or situations that will trigger you into the NOT, FOR, or TO box? For example, when feeling overwhelmed, you go into the NOT box.
 - o How can we hold each other accountable for this?
 - o Everyone can say what they need and how they can support each other.