

## *Perceptual Learning Style Inventory*

*Directions:* Check those strategies or techniques that you enjoy and you think help you learn the best. There are 28 statements. Following the statements are instructions on how to interpret your learning style.

1. \_\_\_ motion pictures (movies/DVD's)
2. \_\_\_ lectures, information giving
3. \_\_\_ group discussions
4. \_\_\_ reading assignments
5. \_\_\_ participant in role-playing activities
6. \_\_\_ project construction (build something)
7. \_\_\_ odor discrimination (coffee, cookies, something burning)
8. \_\_\_ television programs, Netflix, iTunes videos
9. \_\_\_ audiotapes/radio shows/podcasts
10. \_\_\_ participant in panel discussions
11. \_\_\_ written reports
12. \_\_\_ nonverbal body movements (you can read what other people say non-verbally)
13. \_\_\_ drawing, painting or sculpting
14. \_\_\_ tasting food, smelling food
15. \_\_\_ slides, power point presentations, overheads
16. \_\_\_ records/CD's/iPod/MP3
17. \_\_\_ question and answer sessions
18. \_\_\_ independent reading
19. \_\_\_ physical motion activities (sports, yoga, drama, dancing, cooking etc.)
20. \_\_\_ model building
21. \_\_\_ scented materials (candles, incense, cologne, perfume)
22. \_\_\_ graphs, tables and charts
23. \_\_\_ recitations by others (speeches, plays)
24. \_\_\_ interviews
25. \_\_\_ writing (poems, plays, diary, for class, personal)
26. \_\_\_ participant in physical games

27. \_\_\_ touching objects (when you shop, do you have to touch everything?)  
28. \_\_\_ photographs

### **Interpretation of Learning Style Inventory**

Circle the numbers you have checked for the 28 statement survey. Then compare your numbers with the first column below. If a majority of numbers for a particular style are circled, you may have a learning style similar to the one listed in the second column. Identifying your learning style can help you find ways to expand your learning effectiveness.

Strategy Numbers	Learning Style
1, 8, 15, 22, 28	Visual
2, 9, 16, 23	Aural
3, 10, 17, 24	Interactive
4, 11, 18, 25	Print
5, 12, 19, 26	Kinesthetic (using body movements)
6, 13, 20, 27	Haptic (using the sense of touch)
7, 14, 21	Olfactory (using the sense of smell)

Source: *Perceptual Learning Style Inventory* - Citrus College.

[www.citruscollege.edu/.../Workshop%20Workbooks/LearningStylesWorkbook.pdf](http://www.citruscollege.edu/.../Workshop%20Workbooks/LearningStylesWorkbook.pdf) 2016, pp. 3-4.